



Deli Menu

*Fresh daily specialty breads from our bread rack.
Soups • Salads • Sandwiches & Subs • We have desserts, too!
Ask about our Daily Specials!*

Sandwiches

VEGETARIAN	\$4.95	ROAST TURKEY	\$5.50
House Made Hummus or Guacamole, Green Leaf Lettuce, Tomato, Red Onion and Sprouts on Sunflower Wheat Bread.		Roast Turkey Breast, Green Leaf Lettuce, Tomato and Mayonnaise on Sunflower Wheat Bread.	
CHEESE	\$5.25	SMOKED TURKEY	\$5.75
Cheddar, Swiss, Cucumbers, Tomato, Sprouts, Mayonnaise, Mustard on Sunflower Wheat Bread.		Smoked Turkey, Havarti Cheese, Green Leaf Lettuce, Tomato and Mayonnaise on Sunflower Wheat Bread.	
EGG SALAD	\$4.95	TURKEY CLUB	\$5.75
House Made Egg Salad, Green Leaf Lettuce, Tomato and Mayonnaise on Light Wheat Bread.		Roast Turkey, Crisp Bacon, Green Leaf Lettuce, Tomato and Mayonnaise on 3 Slices of Toasted White Bread.	
BLT	\$4.95	ROAST BEEF	\$5.75
Crisp Bacon, Green Leaf Lettuce, Tomato, Mayonnaise on Sourdough or White Bread.		Roast Beef, Cheddar Cheese, Green leaf Lettuce, Tomato and Horseradish Mayonnaise on Sourdough Bread.	
CHICKEN SALAD	\$5.50	AMERICAN HERO	\$6.25
House Made Curry Chicken Salad, Green Leaf Lettuce, Tomato and Mayonnaise on Sunflower Wheat Bread.		Virginia Baked Ham, Roast Beef, Roast Turkey, Cheddar Cheese, Green Leaf Lettuce, Tomato and Mayonnaise on a Baguette or White Sub Roll.	
TUNA SALAD	\$5.50	KID'S PB&J	\$3.99
House Made Tuna Salad, Green Leaf Lettuce, Tomato and Mayonnaise on Sunflower Wheat Bread.		Peanut Butter & Raspberry Jam on White bread or Light Wheat.	
HAM & SWISS	\$5.50		
Virginia Baked Ham, Swiss Cheese, Green Leaf lettuce, Tomato and Mayonnaise on Sunflower Wheat Bread.			

All sandwiches are made on bread produced in house.

Salads

Garden Salad	\$2.50 & \$4.15
Spring Mix, Carrots, Cucumber, Tomato and Broccoli	
Spinach Salad	\$3.55 & \$5.95
Spinach, Parmesan Cheese, Cranberries, Red or Yellow Peppers and Toasted Almonds	
Chef Salad	\$3.55 & \$5.95
Garden Salad Base, Ham, Turkey, Cheddar, Swiss cheese and Sliced Egg.	
Greek Salad	\$3.55 & \$5.95
Romaine Hearts, Tomato, Cucumber, Red Onion, Feta, Country Olive Mix and Peperonchini	
Caesar Salad	\$3.55 & \$5.95
Romaine Hearts, Parmesan Cheese, House Made Caesar Dressing. Large has Grilled Chicken.	
Couscous Salad	\$3.55 (Small)
Couscous, Cucumber, Tomato, Green Onions, Garbanzo Beans, Feta, Country mix Olives, Garlic, Lemon Juice, Olive Oil and Parsley.	

Pasta Salad	\$3.55 (Small)
Bow Tie or Penne Pasta, Broccoli, Carrots, Red & Yellow Peppers, Green Onions, Tomato and Italian Vinaigrette.	
Sesame Noodle Salad	\$3.55 (Small)
Fettuccini, Broccoli, Red Peppers, Carrots, Green Onions, Sesame Vinaigrette.	
Fruit Salad	Market Price
Cantaloupe, Honeydew, Pineapple, Strawberries and Blueberries.	
Soup of the Day	\$3.50
We use Kettle Cuisine Soups, based out of Maryland. They produce small batches with organic or farm-to-table product.	
Chips	\$.45 (Sm) & \$.95 (Lg)

Desserts

Check out our Cookies, Bars and other Desserts on our Breakfast & Sweets Menu!

Sandwich Extras

Bacon, Guacamole, Hummus	\$1.00
Alfalfa Sprouts	\$.50
Havarti, Cheddar or Swiss	\$.75
Sub Roll, Baguette	\$.50
Croissants	\$1.25
No Charge Extras	
Honey Mustard, Horseradish, Italian Dressing, Onion	
Salad Dressings	
Balsamic Vinaigrette, Garlic Parmesan, Italian, Ranch, Sesame	

Drinks

Soda	\$.85
Water	\$1.00
V8	\$1.00
Fruit Juice	\$1.95
Apple, Cranberry, Ruby Red Grapefruit, Orange	
Tea	\$1.95
Bottled, unsweetened, no lemon	

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BreadWorks is operated by WorkSource Enterprises, an area nonprofit with the mission of securing employment and support services which enable individuals with vocational disabilities to achieve economic self-sufficiency, independence and full participation in the community. Thank you for supporting our mission by shopping at BreadWorks!

Prices effective
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and subject to
change without
notice