



Deli Menu

Daily Specials • Sandwiches • Salads • Soups

Please See Our Sweets Menu for Our Delicious Desserts!

Sandwiches

Genoa Salami \$6.25
Genoa salami with a white bean spread, baby arugula and Italian dressing on a baguette.

Curry Chicken Salad \$6.25
House-made curry chicken salad with lettuce, tomato and mayonnaise on sunflower wheat bread.

Ham and Swiss on a Baguette \$5.95
Ham and Swiss with mayonnaise, mustard, lettuce, tomato and pickles on a baguette.

Roasted Turkey on Focaccia \$5.95
Roasted turkey with pesto spread, fresh sliced mozzarella and tomato on focaccia.

Asian Chicken Wrap \$5.75
Chicken with shredded vegetables and a sesame ginger dressing wrapped in a flour tortilla.

Hummus on Sunflower Wheat \$5.95
Hummus with cucumbers, alfalfa sprouts, onion, lettuce and tomato on sunflower wheat.

Avocado spread also available.

Roasted Turkey on Multigrain \$5.95
Roasted turkey with cranberry relish, lettuce, tomato and mayonnaise on multigrain bread.

Classic Italian \$6.50
Capicola, Mortadella, Soprasetta and Provolone cheese with lettuce, tomato and Pepperoncini on a semolina sub roll.

Frisco Club \$6.50
Roasted turkey with avocado spread, bacon, 1000 Island dressing, lettuce and tomato on toasted sourdough bread.

Chicken Caesar Wrap \$6.50
Slices of roasted chicken breast with romaine greens and house-made Caesar dressing wrapped in a flour tortilla.

Roast Beef and Cheddar \$6.25
Roast beef with cheddar cheese, lettuce, tomato and mayonnaise on a white sub roll.

Classic Meatloaf Sandwich \$6.50
Meatloaf with locally raised beef, ketchup, mayonnaise, pickles and lettuce on white bread. Served hot or cold.

Tuna Salad \$5.95
Tuna, lettuce, tomato and mayonnaise on sunflower wheat bread.

Our sandwiches are made on specialty breads and rolls produced in-house daily.

Salads

Kale Salad \$5.75
Kale salad with toasted walnuts, parmesan cheese and olive oil dressing.

Spinach Salad \$6.25
Baby spinach with chopped red onions, bacon, hard-boiled egg, croutons and blue cheese dressing.

Caesar Salad \$5.50
Caesar with Chicken \$6.75
Chopped romaine hearts, croutons, house-made Caesar dressing.

Couscous Salad \$3.75
Couscous with chick peas, tomato, Kalamata olives, and feta cheese.

Garden Salad \$5.95
Chopped romaine hearts with broccoli, carrots, tomato and cucumber.

Arugula Salad \$6.25
Arugula with shaved fennel, mandarin oranges, toasted almonds and honey lemon dressing.

Broccoli Salad \$3.75
Broccoli with carrots, golden raisins and sunflower seeds.

Pasta Caprese Salad \$3.75
Penne pasta with mozzarella, cherry tomatoes, basil and Italian vinaigrette.

Farro Salad \$3.75
Farro with peas, parsley and lemon.

Salad Dressings
Balsamic Vinaigrette, Blue Cheese, Honey Lemon and Ranch.

Soup of the Day \$3.50

Sandwich Extras

Bacon, Avocado, Hummus \$1.00
Alfalfa Sprouts \$1.00
Provolone, Cheddar or Swiss
Cheeses \$0.75
Sub Roll or Baguette \$0.50
Croissant \$1.25

Chips

Route 11 Chips \$0.75 & \$1.50
Dirty Chips \$1.19

Drinks

Soda \$0.85
Water \$1.00
V8 \$1.00
Fruit Juices \$1.95
Tea \$1.95

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